

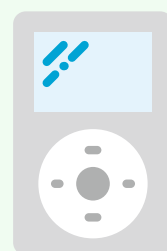
## 9. USING PODCASTS FOR PROFESSIONAL DEVELOPMENT



### What is it?

A podcast is an audio programme that you can listen to online or download from the internet and listen to on any digital device.

It originally comes from a combination of the words iPod and broadcast, but most people use their mobile phones to listen to podcasts. A podcast channel can have multiple programmes with new ones being released regularly.



iPod



Broadcast



### What can you learn from it?

There are free podcasts on a variety of topics from teaching grammar to classroom management to using technology in the classroom.

The best part is that these podcasts are usually recorded by teachers so they're full of practical ideas and suggestions.

Podcasts such as **Edchat Radio** are regularly updated, and you can listen to them at your own convenience and in any order. If you'd like to know about some good podcasts on education, go to: <https://www.edutopia.org/blog/best-education-podcasts-betty-ray>

### Where can you use it?

Think of podcasts like recorded radio programmes. So, you could listen to a podcast on your way to work, when you're out for a walk or relaxing at home.

In this way, you can stay up to date with developments in teaching and learning while using technology on the go!

### Create your own!

You can also create your own podcasts on teaching and learning on your own phone using apps such as Audioboom or Soundcloud.



*This guide uses Quick Response (QR) codes. To scan these codes, look for the app in Google Play or App Store and download it for free. To access resources, open the app and hold it above a QR code.*

# Using podcasts for professional development

## Four easy steps to using podcasts

### Step 1

You'll need a mobile with data connectivity or WiFi and headphones.

### Step 2

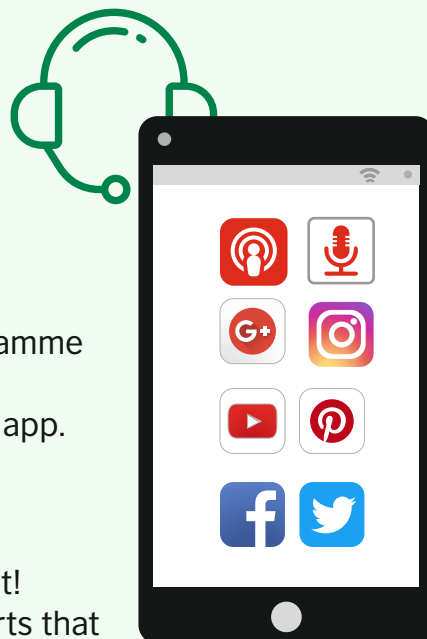
Find podcast channels and download or play an audio programme of interest to you. Or, you can download a podcast app from Google Play or App Store and find your podcast through the app.

### Step 3

Listen to the podcast whenever you want, wherever you want! Remember you can listen to it in sections and go back to parts that you find interesting.

### Step 4

Try out the new ideas you learn in your classes or discuss them with your colleagues. Don't forget to reflect by either writing in a reflective journal, blogging or speaking to colleagues.



## Here's a series you can listen to for starters.

**TeachingEnglish Radio India**

An introduction to learner-centred teaching

Programme 1  
Changing our teaching

Download the series workbook here:  
[www.britishcouncil.in/teach/teachingenglish-radio-india](http://www.britishcouncil.in/teach/teachingenglish-radio-india)



This guide is linked to the British Council CPD Framework for Teachers.

It develops the professional practice:

### *Integrating ICT:*

- Using technology in the production of teaching and learning materials.
- Promoting autonomous learning by exploiting digital content and technologies inside and outside of the formal learning environment.

**Stage: Awareness**