

INTRODUCTION TO NAIL ART



**WHEN DO YOU THINK THAT NAIL
ART WAS FIRST USED?**

- Nail Art is an ancient practice
- There are contradicting theories of the origins of Nail Art.
- It is reported that in 3000BC the Japanese and the Italians started to add colour to their nails.
- The Chinese used a type of lacquer made from various flower petals, beeswax and gelatine.
- Around 600BC Chinese royalty used gold and silver.
- Egyptians used the reddish brown colour of Henna and the depth of colour was used to signify social order.

MODERN NAIL AT TECHNIQUES

- Basic painting
- French polish
- Transfers
- Glitters
- Wraps
- Embellishments
- Stamping



- Marbling
- Striping
- Dotting
- Freehand



CREATING NAIL ART DESIGNS

- Nail Art designs can be produced using a combination of techniques.
- Be creative and use your imagination.
- PRACTICE, PRACTICE, PRACTICE







