

BEAUTY THERAPY TOOLKIT
VIDEO DEMONSTRATION

FRENCH POLISH APPLICATION

FRENCH POLISH APPLICATION DEMONSTRATION

The following will provide you with the correct procedure to apply a French nail polish

The demonstration can be viewed by visiting <http://multimedia.forthvalley.ac.uk/Player/3577>

PROCEDURE

Step 1	Sanitize the client's hands using a sanitizing spray
Step 2	Take the first fingernail and you are now going to apply a base coat. You should only use 3 – 4 strokes of base coat per nail, starting slightly above the cuticle and ensuring it's applied to the full nail
Step 3	Repeat step 2 with each fingernail until all 10 have had a base coat applied. Allow to dry fully before continuing to the next step.
	The client's fingernails are now ready for a French polish finish.
Step 4	Take the first fingernail and you are now going to apply the white polish to the free edge (the tip of the nail) only.
Step 5	Repeat step 3 with each fingernail until all 10 have white tips. Allow to fully dry before continuing to the next step.
Step 6	Take the first fingernail and you are now going to apply the peach, pink or clear colour to the nail (client's preference). Again using 3-4 strokes per fingernail.
Step 7	Repeat step 6 with each fingernail until all 10 have been finished. Allow to fully dry before continuing to the next step
	The client's fingernails are now ready or a top coat polish
Step 8	Go back to Step 3 and repeat, this time using a top coat polish.
Step 9	Repeat until all fingernails have had a top coat applied. Allow to dry fully. The top coat will prevent the nail varnish from chipping and will set the nail.