

**BEAUTY THERAPY TOOLKIT**  
VIDEO DEMONSTRATION

# **CURLING THE HAIR WITH A CURLING WAND**

# CURLING THE HAIR WITH A CURLING WAND DEMONSTRATION

The following will provide you with the correct procedure to curl a clients hair using a curling wand.

The demonstration can be viewed by visiting <http://multimedia.forthvalley.ac.uk/Player/3573>

## PROCEDURE

Step 1	Sit your client in the chair in front of you
Step 2	Brush the hair from root to tip
Step 3	Spray the hair evenly (approximately 10 inches away from the hair) with a heat protection spray
Step 4	You should now section the hair, starting from the back of the head. You should use clips to hold the sections of the hair that have not been curled to keep them out of the way. This will allow you to clearly see which hair sections have been curled.
Step 5	Put on a protective glove to protect your hand whilst you are wrapping the hair round the wand in the next step.
Step 6	Take a small section of the hair out of a clip and by lifting it with you comb place the curling wand close to the roots of the hair (wide end at the roots) and slowly wrap the section of hair around the curling wand. Hold in place for 10 seconds approximately and then unwind the hair from the wand (do not pull harshly on the curling wand)
	You will notice that the hair now has a spiral curl effect.
Step 7	Take another small section of hair out of the clip and repeat Step 6 until the full head of hair has been curled.