

BEAUTY THERAPY TOOLKIT
VIDEO DEMONSTRATION

APPLYING NAIL ART

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The following will provide you with the correct procedure to apply nail art

The demonstration can be viewed by visiting <http://multimedia.forthvalley.ac.uk/Player/3576>

PROCEDURE

Step 1	Cut some striping tape about 2cm in length – this will be used to mark off an area diagonally across the nail or nails to make a design
Step 2	Once you're happy with the placement of the tape, cut off the excess tape so that it fits exactly to the size of the nail(s)
Step 3	Get a coloured nail polish and colour in the bottom half of the nail (below the diagonal line)
	Adding glitter to the nail. It is recommended that you keep a separate bottle of clear top coat to use with glitter as it gets messy.
Step 4	Dip the brush into the bottle of top coat. When removing the brush wipe one side of the brush only along the bottle top to take off the excess top coat. This will leave the brush with one bead of top coat on one side of the brush
Step 5	Press the side with the bead of top coat into the glitter and then apply it to the top half of the nail.
Step 6	Repeat steps 3, 4 and 5 to any of the other nails you wish to design (where necessary)
	How to apply:- gem(s), decal(s), stone(s) or embellishments
Step 7	A top coat polish should be used to apply any gems etc. Take a bead of top coat and place it where you want the gem to go.
Step 8	Place the gem onto the nail on top of the top coat. Allow the design to dry before continuing to the next step.
Step 9	Once fully dry, add another top coat over the full nail, this will seal the design and prevent chipping.