





70 words of Indian origin **Resource pack for teachers**











Introduction to the 70 Words project

About these materials

To celebrate 70 years of the British Council's work in India, we identified and explored 70 words that originated in India and are now commonly used in English around the world.

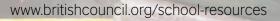
The project has its own microsite, www.britishcouncil.org.in/70words, which provides some further information and activities to bring this fascinating topic to life.

This school resource pack has been developed for teachers to share with pupils aged 11-14. Clear instructions are provided about how you can bring the activities to life within your classes and the school as a whole.

Criteria for inclusion

Given the hundreds of years of English language usage in India, there was a huge number of potential words which could have been chosen. Several criteria were used to make the difficult final selection. The words should:

- be in the Oxford English Dictionary
- have interesting origins and histories
- show the diverse ways in which the words were adopted into English
- illustrate the diversity of other Indian languages, in terms of the words' original source.



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The estimated number of speakers of Gorum (in Orissa), an Indian language which is near extinction.³

Number of 'endangered' languages in India, at risk of falling out of use because of the declining number of native speakers. UNESCO divides these languages into those which are 'vulnerable', 'definitely endangered', 'severely endangered' and 'critically endangered'. India contains 10 per cent of the world's endangered languages.³

tongue.¹

Ten facts about languages in India



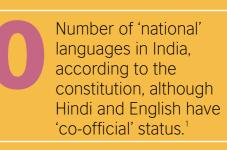
Number of 'scheduled' languages in India (according to the eighth schedule of the Constitution). This gives them a special status and means that the government is obliged to support their development. These 22 languages are Assamese, Bengali, Bodo, Dogri, Gujarati, Hindi, Kannada, Kashmiri, Konkani, Maithili, Malayalam, Manipuri, Marathi, Nepali, Odia, Punjabi, Sanskrit, Santhali, Sindhi, Tamil, Telugu and Urdu. English is a 'co-official' language. All 22 scheduled languages appear on Indian bank notes.⁴

Number of languages spoken in India, according to the People's Linguistic Survey of India, along with 68 scripts. Ethnologue puts the number at 448, of which 421 of these languages are indigenous (= native to the country) and 27 are nonindigenous (= come from outside India). The different numbers highlight the political, social and cultural challenges of agreeing what constitutes a 'language' rather than an 'dialect'.5

< 2

Percentage of ndians who speak a scheduled language as their mother





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The estimated number of bilingual Indians – around a guarter of the population.²

Percentage of the Indian population who identified English as their mother tongue in the 2011 census approximately 259,678 people.²

The number of native Hindi (and related mother tongue) speakers in India, according to the 2011 census. 322.230.097 of these identify Hindi itself as their mother tongue. The remaining 200 million are on the Hindustani dialect continuum, being speakers of Bhojpuri, Chhattisgarhi and Rajasthani and many other tongues.²

The Constitution of India (www.legislative.gov.in/sites/default/files/COI-updated-as-31072018.pdf) 2011 Census of India (censusindia.gov.in/2011Census/C-16_25062018_NEWpdf) UNESCO Atlas of the World's Languages in Danger (www.unesco.org/languages-atlas/en/atlasmap/language-id-1206.html) Eighth Schedule to the Constitution of India (https://mha.gov.in/sites/default/files/EighthSchedule_19052017.pdf) vs report (http://blogs.reuters.com/india/2013/09/07/india-speaks-780-languages-220-lost-in-last-50-years-survey/ hologue (www.ethnologue.com/country/IN)



Introducing the 70 words

After much debate and discussion the 70 words chosen for the project are:

Dharma Mongoose Jungle Dinghy Mantra Dungarees Jamas Thug Raita Yoga leree Guru Patchouli Doola Shampoo iowrie. Chintz Chit Cheroo⁻ Shawl Tiffin

Choky

Cashmere Cheetah Bangle Palanqu Purdah Chutney **Bhelp** Coir Bungalow Jute Atoll Myna Blighty Cushy eak Roti larin Yaar Pukka ummerbund



India's influence on English

Background information

English has a long history of usage in India, predating the British colonial power and now firmly established as a link language across the length and breadth of the country. The influence of other Indian languages on English is not always widely known and yet there are many words which have been adopted into English directly from the many languages and dialects spoken across the sub-continent.

Learning objectives: To introduce the main theme of the 70 Words project, and to give an overview of key ideas such as etymology, language change, language policy and the relationship between English and Indian languages.
Curriculum links: English; History; Languages
Core and transferable skills: Citizenship; Communication and collaboration, Critical thinking and problem solving
Preparation and resources: Video at www.nam.ac.uk/explore/15-words-indian-origins; the statistics and information on pages 2-3.

Activity: Introducing the thinking behind the 70 Words project

Begin by telling the students that you are going to read them a list of words. When they think they know the connection between these words, they should put up their hand. Keep on reading the list of words until someone gets the right answer, or you have to tell them. At first, say words that are less obviously from Indian languages, and which they will be familiar with (e.g. bungalow or pyjamas), before moving on to words which they are more likely to associate with India (e.g. curry or yoga). After this, get the students to watch (or show them in class) this short (5.5 mins), informative film from the National Army Museum about the Indian origins of 15 words:

www.nam.ac.uk/explore/15-wordsindian-origins

This film is a good general way into the 70 Words project. From this, you could lead a class discussion (with younger students) or let them discuss in pairs / groups (with older students) some of these questions:

- How many languages do you think are spoken in India?
- Can you name any of them?
- Why do you think English is so widely spoken in India?
- Do you know (or can you guess) any other words which came into English from Indian languages?

You could also give students a photocopy of the statistics on pages 2-3 to talk through and think about.





What does it mean?

Activity: Find a word which ...

This is a version of the classroom activity 'find someone who'. Photocopy the table and the worksheet (as many times as you need for your class). Cut out and give each student one word, its definition and a copy of the grid. They should read the information and keep it hidden. Ask them to move around the classroom, talk to their classmates and see if they can find the answers to complete their grid.

as a synonym for money. The English word **curry** derives from the Tamil kari, a sauce commonly eaten with rice. Its modern usage refers more widely to the preparation of meat, fish, fruit or vegetables cooked with spices which is eaten as a meal. The word also seems to have a relationship with the Kannadan karil. Cummerbund entered English more than Deriving originally from the Persian shal, shawl 400 years ago, coming from the Urdu and entered English via Urdu and other Indian Persian kamar-band (=waist-band). Originally, languages, and from here also into other European the sash was worn by domestic workers and languages such as Spanish (chal), Italian (scialle) low-status office workers. It was then adopted and even Icelandic (sjal). 'Shawl' originally referred by British military officers, as a cooler specifically to the oblong piece of material made in alternative than a waistcoat when dining. The Kashmir from the hair of a goat. Its meaning gradually modern use of the cummerbund is as part of widened to refer to an article of clothing generally formal evening wear. worn by women to cover the shoulders or the head.

Pukka, a borrowing from Punjabi, has passed through many spelling variations over time, including pucka, puckah, pucker, pucca and pukkah. Its original meaning to describe something which was cooked, mature, substantial or permanent, saw it commonly used in the field of weights, measures and money. Over time, this meaning expanded to refer to things which were certain, reliable, genuine, correct or bona fide.

Chintz fabric is generally fast-printed with designs of flowers, in several colours, and glazed. Chintz derives from the same Sanskrit root as cheetah (from *chitra*, meaning 'spotted' or 'distinctively marked), but the original word was, in fact, the singular noun *chint*. However, given the frequency of its use in the plural form (i.e. chints) in a commercial setting, over time the word evolved as chince, chinse and then ultimately to chintz.

Words and definitions

Loot is recorded as being an English word in

(especially valuable goods) which are taken

from an enemy or city in times of war. The

word derives from the Hindi lūt, which itself

appears to come from either the Sanskrit lotra

or *loptra*, meaning 'booty', or *lunt*, meaning 'to

rob'. In wider usage, it is used in slang form

1788. 'Loot' or 'looting' refers to goods

Worksheet

Find a word to complete the beginning of each of the sentences below.

Bandana has a strong linguistic relationship with the word *bandhnū*, meaning 'a mode of dyeing in which the cloth is tied in different places, to prevent the parts from receiving the dye.' Its Sanskrit roots lie in badhnati, meaning 'binds'. Its modern English meaning does not refer to the process but rather the object created, namely a richly coloured silk or cotton handkerchief.

Doolally is a negative word used to describe an unbalanced state of mind. Its origins are in reference to Deolali, a large military camp close to Mumbai. British soldiers who had finished their terms of service would wait in the large barracks for their transport home. This often took much longer than anticipated, leading to intense boredom. As a result, some of the camp inhabitants went 'Doolally'



is derived from Hindi. is derived from a European language. was first used in English before the 19th century. has seen its meaning change significantly since entering English. is related to at least two Indian languages. is a toponym (i.e. is named after a place).

has seen its plural form change considerably over time.

has had multiple spellings through history.



Words and images

Background information

As part of the 70 Words project, the British Council commissioned one Indian and one British artist to produce illustrations of 14 of the words. Some of these illustrations are shown on this spread.

More details about these illustrations can be found here: https://www.britishcouncil.org.in /70words/

Activity: Guess the word

Can your students guess which words the images are representing? For younger classes, give them a short list of the words (including some 'red herrings') to make it slightly easier. You then get your students to either (a) create their own illustration of the same words and/or (b) get them to choose another of the 70 words they find interesting, research it, and then create an illustration which shows their interpretation. When you have created these words, students can display them in a digital gallery or physically in your classroom. To make this even more fun, you could challenge students to do an illustration combining two words, for example 'yoga atoll', 'shampoo gymkhana' or 'mongoose curry'.



Learning objectives: To understand how different people visualise and interpret words. Curriculum links: Art and design; Design and technology; English; Language; Media arts Core and transferable skills: Communication and collaboration; Critical thinking and problem solving; Digital Literacy; Student leadership

Preparation and resources: https://www.britishcouncil.org.in/70words/ 70 WORDS PROJECT

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Answer key

1 Cheetah 2 Jodhpurs 3 Palanquin 4 Jackal 5 Bamboo



How words enter a language

Background information

Etymology is the study of where words come from, and how their meanings have changed throughout history. One of the most common ways in which words enter a language is through a process known as borrowing, where one language simply absorbs words from other languages. Unlike in some languages, such as French, English has very low barriers to entry, meaning that there is no formal process for words to be adopted into a language. Although at first words often enter a language in their original form, generally speaking they change, and conform to the norms of the language which is absorbing them. Take the word pyjamas, for example. The original Persian/Urdu word was *pay-jama*, which went through a whole range of variations (including pai jamahs, piejamahs, peijammahs and many others) before the current English spelling of pyjamas was settled upon (but note that the standard American English spelling is pajamas).



Activity: where do these words come from?



Write the list of words from this page on the board. All of these words originally come from an Indian language, shown in brackets. Ask your students to decide which English word derives from each one. If they get stuck, look back at the full list of 70 words on pages 4-5 to help you. bangri (Hindi)
katta-maram (Tamil)
mangus (Marathi)
jhuto (Bengali)
mugal (Urdu / Persian)
gend-khāna (Hindustani)
dengi (Hindi)
nila (Sanskrit)
maina (Hindi)
tekka (Malayalam)



How words change meaning

Background information

Words, like your students, do not sit still. They are constantly changing in meaning as well as form. This process is known as semantic change or semantic shift. Sometimes this change might be small, and the word develops another sense or connotation: at other times, the word's meaning might change beyond all recognition. Silly, for example, used to mean something was 'worthy' or 'blessed', very different to its modern meaning.

Learning objectives: To learn why and how words can change meaning over time, especially when they are borrowed by one language

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Curriculum links: English; Languages. Core and transferable skills: Critical thinking and problem solving; Communication and collaboration.

Activity: **new and** old meanings

Present the students with a word pool of the ten words opposite. Ask the students If there are any words which the class don't know, they can look them up on the 70 Words microsite, or you can show them.

After this, show them the original meanings of these ten words (i.e. what they meant in challenge students to match them up. When taking feedback, ask them to explain why they made the choices they did.

Answer key

- 1 avatar (the digital representation of a person or character) – **G**: descent (from above)
- 2 bandana (a richly coloured silk or cotton handkerchief) – B: to bind / join
- **3** curry (meat, fish, fruit or vegetables which is cooked with spices and eaten as a meal)
 - **D**: a sauce commonly eaten with rice
- 4 guru (spiritual teacher) **F**: expert or mentor
- **5** gymkhana (a meeting at which horses and their riders take part in games and contests) – A: ball house
- 6 mogul (important or influential person) – J: head of the Muslim dynasty which historically ruled much of South Asia
- 7 nirvana (extinction) E: perfect happiness, ideal place
- 8 pashmina (cloth or shawl) C: wool
- 9 purdah (pre-election period in UK where civil servants are restricted in what they can do) – I: curtain
- **10** yaar (friend) **H**: to help or assist

- 1) avatar
- **2** bandana
- **3** Curry
- (4) guru
- **5** gymkhana
- 6 mogul
- 7 nirvana
- (8) pashmina
- 9 purdah
- 10 yaar

- (A) ball house
- **B** to bind/join
- © wool
- **D** a sauce commonly eaten with rice
- **(E)** perfect happiness, ideal place
- expert or mentor
- **G** descent (from above)
- (H) to help/assist
- ① curtain
- Image: Description of the Muslim dynasty which historically ruled much of South Asia



How words change in popularity

Background information: corpus linguistics

The popularity of a word can change hugely over time. Popular words can become obsolete and rarely used words can suddenly gain in popularity – all according to the social, political and economic situation of a particular time. One way it is possible to track these changes is through 'corpus linguistics', whereby millions and millions of words of spoken or written text are analysed by computers. The frequency with which particular words appear is then recorded.

Learning objectives: To learn why and how the popularity of words changes over time, and the role that technology plays in these changes. Curriculum links: English; Languages; Mathematics; Social studies; IN Core and transferable skills: Critical thinking and problem solving; Communication and collaboration; Digital literacy. Preparation and resources: Photocopy the graphs.

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Activity: words over time

Give students a copy of the graphs on the right. Tell them that the graphs show the popularity of four words over time (from 1815 to 2009), namely avatar, jute, khaki and pashmina. They have to match these words with the graph and explain why they think this is the correct graph. If you think your students will find this too easy, add in 3-4 other 'red herring' words.

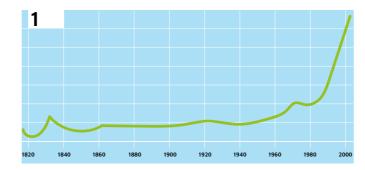
Answer key

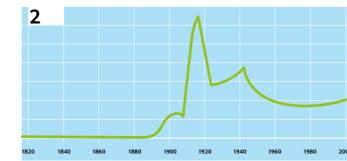
1 – avatar (recent increases in popularity due to its new usage in the field of technology and computing)

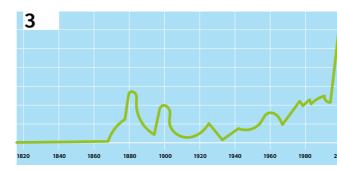
2 – khaki (peaks during World War 1 and 2) 3 – pashmina (following the trends of fashion – especially around the millennium) 4 – jute (becoming much common due to the fact its production and use is in terminal decline)

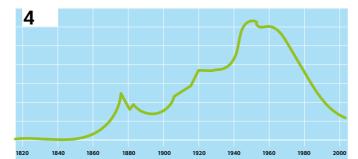
If students find this activity interesting, they can look up more of the 70 Words themselves at

https://books.google.com/ngrams, and test each other (and you). They could also do specific research to try and explain the overall trend of the graph.





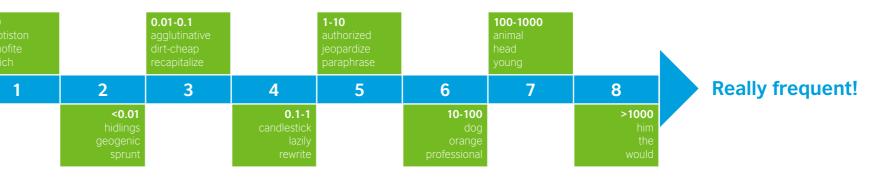




The Oxford English Dictionary (OED) uses Google's Ngram data, along with other datasets, to calculate the frequency score of words in English. Words are then categorised in one of eight bands according to their frequency. Sample words found in these bands, and their frequency per million words, can be seen above.



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Background information: Oxford English Dictionary's frequency chart

For further information, visit https://public.oed.com/how-to-use-theoed/key-to-frequency/

Activity: **making** predictions

Ask your students to make predictions about where they think other pairs of words from the 70 Words list will be placed on the diagram. Do an example with them for 'pyjamas' and 'bandana' – get them to speculate, argue and ultimately vote in class about which band they think these words are in.

Catamaran vs Dinghy
Nirvana vs Yoga
Pundit vs Yaar
Jodhpurs vs Dungarees
Lilac vs Patchouli
Thug vs Loot
Dal vs Curry
Pashmina vs Shawl

Answer key

Catamaran 4 Dinghy 4 (draw); Nirvana 4 Yoga 5: Pundit 4 Yaar 3: Jodhpurs 3 Dungarees 4; Lilac 5 Patchouli 3; Thug 5 Loot 4; Dal 3 Curry 5; Pashmina 3 Shawl 5

As a follow up to this activity, ask students to speculate on whether they think the frequency of these words is increasing or decreasing.



Further afield

Background information

The focus of this project was only 70 words. There are hundreds of other words which could have been covered, for example bandicoot, crimson, ghee, juggernaut, and tickety-boo. An interesting extension project is to ask students to research online to find other words which could have been included

Useful sites they can use include www.oed.com or www.etymonline.com English has also borrowed words from many other continents and countries. The origins of these words are not always clear. Below are some interesting examples:

Australian Aboriginal languages:

boomerang; kangaroo; koala; kookaburra; wombat

Bantu languages (spoken across sub-Saharan Africa): banjo; chimpanzee; macaque

Chinese: dim sum: ketchup Dutch (spoken mainly in the Netherlands): boss: bluff: filibuster: iceberg; rucksack; snoop France: ballet; faux-pas; guarantine Italian: cartoon; opera Japanese: anime: karaoke Kikongo (spoken mainly in Congo): zombie Norwegian: krill; slalom Scottish Gaelic: pet; pillion; slogan; trousers **Spanish:** patio; stampede; tornado Swahili (spoken across eastern and south-eastern Africa): jenga; jumbo; mamba: safari Welsh: flannel; penquin Wolof (spoken in Senegal, the Gambia and Mauritania): banana; jive

Activity: word map

Put up a world map in your classroom. Ask your students to research English words that originated in other countries and write them on the map (either directly or using pins/ post-it notes). They could write short definitions (and even make presentations in class about them). This could also be done at a whole school level, which might be of particular interest in highly multilingual schools. Students could also draw the words and link them to the map to make it more visual. A useful resource to find out the origins of words is the Oxford English Dictionary (www.oed.com).

The way in which different people interpret words comes not only in how they define them, but also in how they visualise them. A word can be seen and used in one way in one country, and in a different way somewhere else.

udent leadership

ww.unsplash.com

Answer kev

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How we visualise words

Background information

earning objectives: To show how words can be interpreted in different ways around the world. Curriculum links: Art and design; English; nguages; Media arts

Core and transferable skills: Critical thinking problem solving; Citizenship; Digital literacy;

reparation and resources: pictures on this page and free-to-use age websites such as www.pexels.com, ww.photosforclass.com and



Activity: Illustrations

Show the students the illustrations on this page and ask them which word they think is being demonstrated (i.e. bangle). Ask students to discuss, in pairs, what they see in these illustrations and how the word is understood differently in different contexts. There is much rich discussion which could come out of this.

After this, you can ask students to work individually or with others to identify several photos about other interesting words which may be interpreted quite differently in different countries and different situations. e.g. bangle, bungalow, jungle, nirvana, pyjamas and shampoo. They can look these up on some of the websites suggested earlier, or elsewhere, and then display them digitally or in the classroom.

An alternative to this is that you set individuals/the class/the school the task of choosing one photo for each word – but they have to take the photos themselves.









Using words creatively

Activity: Story creation

Ask the students to write a story using a certain number of the 70 words. A ratio of around approximately 1:20 works well (e.g. for a 500word story, they should use 25 of the words). Try and encourage students to be as creative as possible in how they do this. You could organise a class, or even school competition.

This could also be done more simply as a fun oral activity in the class. You can say the first sentence of a story, using one (or more) of the 70 words. A student then has to carry the story on, using one (or more) of the 70 words, and so on and so on. This can be done in the class as a whole or in smaller groups.

> Learning objectives: To encourage students to develop their understanding of the words by using them in creative writing. Curriculum links: Creative Writing; English; Languages Core and transferable skills: Critical thinking and problem solving; Citizenship;)igital literacy

reparation and resources /www.britishcouncil.org.in/70words

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Activity: Story bingo

Ask the students to choose nine words from the list. and write them in a 3×3 table like the one below.

You should then read out the story opposite, which contains 35 of the 70 words. Students must listen carefully. Every time they hear one of their words, they can tick it off the list. The first student to tick off all nine of their words is the winner. If no student can tick off all nine, the one who has done the most is the winner.



Once upon a time there was a young woman Some days, when she had finished her work, called Rani, who lived in a bungalow, on an atoll she would sit on the veranda and daydream. in the middle of the Indian ocean. Rani was In one of her daydreams she had crept out bored. She spent all day cooking and rarely at night, as quiet as she could be walking left her house, except to fetch water from the on the cowrie shells and took a dinghy from tank. Some days she would make curry and dal, the port. She unhooked the heavy jute rope some days mulligatawny soup, while other days and sailed across the water to the mainland. it would be roti. When she arrived, she was put into a palanguin, dressed in red, shiny bangles, and taken to a gymkhana. As the guest of honour, she was given the most beautiful calico shawl you could ever imagine. She had also dreamt of horses the following day, but this time she was the one wearing jodhpurs, scoring the winning goal in a polo match. As the captain of the winning team she had patchouli thrown over her head and a chintz pashmina wrapped around her neck. She had felt amazing.

Rani's dreams

Today was a very hot day, in the middle of summer, and she felt especially tired. She was supposed to do her yoga, but had eaten too much bhelpuri for lunch. Instead, she lay down, her daughter Maya dressed in pyjamas and safely lying in her cot next to her and began dreaming. This was her most vivid dream yet. She imagined she was in the middle of a jungle, huge teak trees everywhere, and there were strange noises all around. She was dressed head-to-foot in khaki. "Squawk", was that a myna bird? "Thud-DUM", was that a cheetah? "Eeee-EEEH", was that a langur? But it was not the animals she needed to fear, but the gang of bandana-wearing, cheroot-smoking thugs hiding in the bushes. But somehow, she was stronger than all of them, and managed to tie them all up and dump them in some gunny sacks.

In the background, Maya started to gently cry. She was hungry and would need feeding. Rani sighed. She would find out what happened to the thugs in her next dream ...

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Word search

All 70 words can be found in the grid opposite. Try and find them all! Atoll Avatar Bandana Bangle Bhelpuri Blighty Bungalow Calico Cashmere Catamaran Cheetah Cheroot Chintz Chit Choky Churidar Chutney Coir Cot Cowrie Cummerbund Curry Cushy Dal Dharma

Dinghy Doolally Dungarees Godown Gunny Guru Gymkhana Jodhpurs Jungle Jute Karma Kedgeree Khaki Lacquer Langur Lilac Loot Mandarin Mantra Mogul Mongoose Mulligatawny Myna Nirvana Palanguin

Pashmina Patchouli Polo Pukka Punch Pundit Purdah Pyjamas Raita Roti Shampoo Shawl Swami Tank Teak Thug Tiffin Veranda Yaar Yoga

Answer key See back cover

IHILTZDVFAAJDKRBJBLH EHATEEHCN UPAP F N GID D E н В N G Δ AR W U 0 M DOJGMNEC UMNSRUPH тинј EYNNUGAYQGCSC YAAE J υ YWRN UMMERBUNDXN NMP YSE G ES J W M R D В D N A F GOME D R V Δ S FHP MEN RR DASHAM 0 0 0 F P DG OH 0 0 V Y D D Δ Δ Ρ 0 N M н P S A G G RR R B B C S G F EAXMUH LR R OTEE R V M AAHVKAIENUDHA A D RM ANA LKWGPBHDSDEUTCENREIT LNIUQNALAPRGKHIATYRQ YIK YW R NN СИТ 0 0 R Δ BKARMAAJGODOW NA 0 TE AK AYHSUCA IRO NY F F LYKOHCOWRIERZZPMHMAC

BRITISH COUNCIL Crossword

The answers to the clues are all found in the list of 70 words on page 22 or 4-5.

Answer key

Across 2. punch / 3. atoll / 7. khaki / 8. bandana / 11. calico / 12. cot / 14. mvna / 15. mandarin Down 1. shawl / 2. pyjamas / 4. cheetah / 5. nirvana / 6. pashmina / 9. coir / 10. roti / 13. teak

Across

2. A type of mixed drink which derives from the Sanskrit for 'five'. 3. A coral island formed in the shape of a ring. 7. Originally used to describe a dull brown colour from the Urdu for 'dusty'. 8. An item of clothing associated with Western counter-culture in the 1960s. deriving from the Sanskrit 'badhnati'. 11. A type of fabric which derives from a corruption of Calicut, a port city in Kerala. 12. Derives from the Hindi *khat*, meaning 'couch' or 'hammock'. 14. A type of bird highly skilled in mimicking the human voice. 15. A person of considerable power or importance.

Down

1. This item of clothing word is chal in Spanish scialle in Italian and sial in Icelandic.

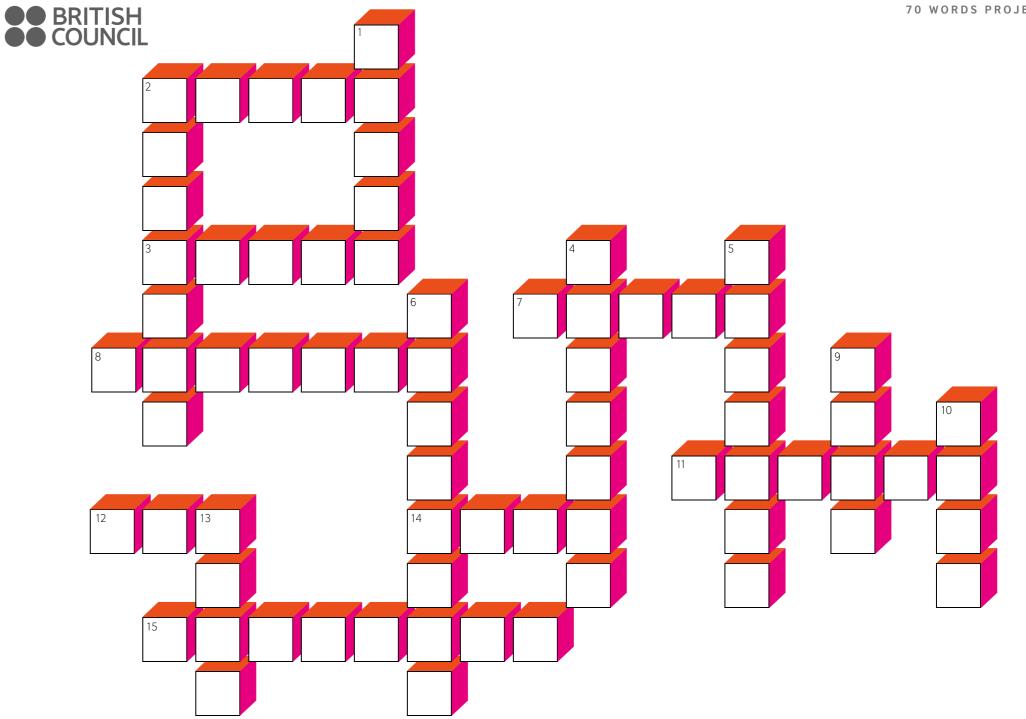
2. Clothing – historical spellings include 'paunjammahs' 'paijamahs' and 'peijammahs'. 4. An animal which has the same root form as 'chintz' and 'chit'.

5. In Buddhism, the state of being released from samsara, the endless cycle of death and rebirth.

6. A type of wool which was originally found in the Western Himalayas.

9. The fibre taken from the outside of a coconut and used for making ropes and mats.

10. A type of bread commonly eaten with cooked vegetables or curries. 13. A type of wood which has origins in several Indian languages, including Malayalam (tekka), Tamil (tekku) and Kannada (tegu).



70 WORDS PROJECT



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